

AT ABC LIVONIA, LAKESIDE, NOVI,
FARMINGTON HILLS & NOW TROY

FREE COOKING CLASSES

...and of course tasting too!

Join us these upcoming dates at 6:30pm

Livonia Lakeside Novi Farmington Troy
MON WED THUR MON TUES

Culinary Instructor

9/14 9/16 9/17 9/21 9/22 **Apples & Peaches** Sherry Sundling
These Michigan fall favorites are nutritious & delicious.

9/21 9/23 9/24 9/28 9/29 **Indian Cuisine** Mary Spencer
Begin your international journey with spicy Indian cuisine.

9/28 9/30 10/1 10/5 10/6 **Mediterranean Fare** Francine Pamela Salvatore
Explore the rich dishes of Italy, Greece, Morocco & more.

10/5 10/7 10/8 10/12 10/13 **Pressure Cooking** Cookbook Author Toulia Patsalis
Recipes from her book "The Pressure Cooker Cookbook".

10/12 10/14 10/15 10/19 10/20 **Budget Meals** Mary Spencer
Recipes to please your family & stretch your grocery dollar.

10/19 10/21 10/22 10/26 10/27 **Thai Cuisine** Sherry Sundling
Travel back to the far East with flavorful Thai dishes.

10/26 10/28 10/29 11/2 11/3 **Yeast Breads & Coffee Cakes** Larry Galbraith
Award winning breadmaker shares secrets for light & fluffy yeast breads.

11/2 11/4 11/5 11/9 11/10 **Holiday Dinners** Mary Spencer
Get new ideas & plan ahead for a smooth holiday season.

11/9 11/11 11/12 11/16 11/17 **Appetizers & Starters** Francine Pamela Salvatore
Keep holiday entertaining easy & fun with hors d'oeuvres.

11/16 11/18 11/19 11/23 11/24 **Holiday Cookies** Toulia Patsalis
Homemade memories for the holidays.



Join us, bring a friend and go home with recipes.

